

SALON EXPERIENCE

Hair Service prices will vary depending on hair length, density & amount of product required.

SHAMPOO, CUT AND STYLE

Men \$30+
Women \$50+

STYLING

Shampoo/Blowout \$35+
Updo \$50+

COLOUR

All first-time guests must book a complimentary consult prior to booking a full colour service. This is to ensure that pricing & number of appointments are discussed & agreed upon prior to first appointment.

Gloss Treatment/Style \$80+
Regrowth/Cut/Style \$99+
Full Colour/Cut/Style \$110+
Foils/Cut \$115+
Foils/Colour/Cut \$130+
Corrective Colour Priced Upon Consultation starts at \$150.00+

ADD ON SERVICE

Botanical Hair Therapy
New botanical therapy salon treatments – improve dry hair up to 86% and damaged hair up to 84% with plant micro technology – giving you silky, luminous colour by getting to the root of healthy hair.

Botanical Deep Conditioning Treatment \$20

BRIDAL

Take the stress out of weddings. Let us pamper you and your wedding party on the big day!

Wedding Make-up Application \$60+
Bridal Updo \$65+
Bridesmaid/Mother of Bride Updo \$50+

FACIALS

TULASARA FACIAL

The Aveda Tulasara facials are customized for each guests individual skin concerns.

60 minute Facial \$75
90 minute Facial \$95

BOTANICAL SKIN RESURFACING TREATMENT

For visible improvement in smoothness, lines and wrinkles, age spots, pore size and radiance. This service is a botanical alternative to microdermabrasion. All first-time guests must book a complimentary consult prior to booking

60 minute treatment \$75
Series of 4 treatments \$300

DUAL EXFOLIATION TREATMENT

This treatment combines Aveda's naturally derived mechanical and biochemical exfoliation methods into one powerful service that transforms and rejuvenates the skin through the process of dual exfoliations.

*Must be preceded by the Perfecting Plant Peel.

75 minute treatment \$100

PERFECTING PLANT PEEL

Aveda's alternative to a 30% glycolic peel. \$100

BODY EXPERIENCE

BODY TREATMENTS

Smoother, softer skin texture, body detoxification and hydrated skin can all be achieved with a customized body treatment where you determine the focus. After a thorough consultation, your spa body therapist will provide you with the best combination of products and personalized Aveda aromas while performing the techniques needed to achieve your chosen focus.

AVEDA AROMA BODY POLISH TREATMENT

The Aveda Aroma Body Polish Treatment is an exfoliating body treatment featuring customized Aveda body care products and aromas. The treatment includes an exfoliating and full-body massage, including scalp and foot reflexology techniques.

60 minutes \$75



RELAXATION MASSAGE EXPERIENCE

ELEMENTAL NATURE MASSAGE

This Swedish relaxation massage is customized based on Aveda's Elemental Nature philosophy and is designed to rejuvenate the mind and soul through your own unique sensory journey.

30 minutes \$45
60 minutes \$70

THERAPEUTIC MASSAGE EXPERIENCE

REGISTERED THERAPEUTIC MASSAGE

This method of hands on therapy is performed by a Registered Massage Therapist and incorporates many therapeutic techniques such as manipulating muscle tissue, connective tissue and joint articulation. Such a health professional may be able to successfully aid with many muscular related health concerns such as tension/stress, fibromyalgia & work or sports related injuries to name a few.

30 minutes \$45
45 minutes \$65
60 minutes \$85
90 minutes \$125

**Please specify if you require to be booked with a Registered Massage Therapist upon booking. Only a Registered Massage Therapist is able to provide an insurance receipt for Massage Services.*



A GRAND SENSES
EXPERIENCE
IS WAITING FOR YOU

GRANDSENSESPA.COM

123 GRAFTON STREET
CHARLOTTETOWN, PE

902.894.8332



AVEDA
THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES

WAXING

| | | | |
|------------------------|-------|-------------|-------|
| Eyebrows-Maintenance | \$15 | Series of 6 | \$70 |
| Upper Lip | \$10 | Series of 6 | \$50 |
| Eyebrows/Upper Lip | \$22 | Series of 6 | \$110 |
| Eyebrows/Lip/Chin | \$27 | | |
| Chin | \$12 | | |
| Stomach | \$15+ | Chest | \$20+ |
| Sides of Face | \$14+ | Half Leg | \$30 |
| Underarms | \$18 | Full Leg | \$48 |
| Arms | \$25+ | Back | \$25+ |
| Full Leg & Bikini Line | \$65 | Brazilian | \$55 |
| Half Leg & Bikini Line | \$46 | Bikini Line | \$20 |

*Waxing is not recommended for those on Acutane or Retinol A.

THREADING

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| Eyebrows | \$20 |
| Upper Lip | \$12 |
| Eyebrows/Upper Lip | \$30 |
| Sides of Face | \$17 |
| Chin | \$15 |

TINTING

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| Eyelash | \$20 |
| Lash & Brow Together | \$30 |
| Brow/Lash Tint & | \$41 |
| Brow Wax | |
| Eyebrow | \$15 |
| Brow Wax/Tint | \$27 |

LASH

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|------------------------|-------|
| Eyelash Lift | \$65 |
| Eyelash Extension Set | \$150 |
| Eyelash Extension Fill | \$60 |

AVEDA NATURAL COLOUR MAKE-UP

Colours and techniques to enhance your features, hues formulated with botanical ingredients.

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| Make-up Applications | \$35 |
| Make-up Lesson | \$50 |

HANDS & FEET EXPERIENCE

MANICURES

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| Grand Senses Signature Manicure (60 mins) | \$50 |
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PEDICURES

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| Grand Senses Signature Pedicure (75 mins) | \$65 |
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GEL NAILS

Gel Nails are applied on top of an artificial extension to add length. Allows the nail to strengthen and grow beneath the layer of gel. Great for individuals who have very weak, short or bitten nails.

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| Gel Nail Application | \$60 |
| Gel Nail Fill | \$40 |

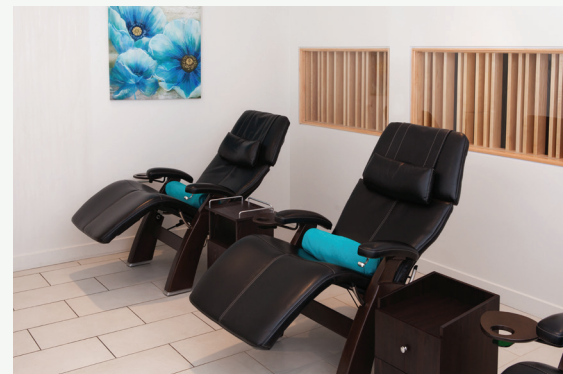
ADD ONS

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| With French Polish | + \$10 |
| With Gel Polish | + \$20 |

MINI MANI or PEDI

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|--|------|
| Polish Application on Hands or Feet | \$30 |
| Includes trimming of nails and filing. | |

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| Gel Polish Removal | \$20 |
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AVEDA PACKAGES

ESCAPE PACKAGE (Allow 1.5 hrs)

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| 30 min Elemental Nature Massage & | |
| 60 min Elemental Nature Facial | \$99 |

GRAND SENSES SIGNATURE DUO (Allow 1.75 hrs)

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| Senses Signature Manicure & Senses | |
| Signature Pedicure | \$99 |

STRESS RELIEVER (Allow 2 hrs)

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| Senses Signature Pedicure plus choose 1: | |
| 60 min Fusion Stone Massage OR 60 min | |
| Elemental Nature Facial. | \$124 |

GRAND SENSES COUPLES MASSAGE (Allow 1 hr)

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| Side by Side Elemental Nature Relaxation | \$199 |
| Massage. | |

Grand Senses Customized Packages Available Upon Request.



AQUA THERAPY MASSAGE BEDS & INFRARED SAUNA THERAPY

Stimulate your senses with our Aqua Therapy Massage Beds or Infrared Sauna. Enjoy as an add-on to your spa experience or anytime you need extra pampering.

AQUA THERAPY MASSAGE BEDS

Back and joint pains, muscle tension, muscular imbalances, stress-related muscular tension, cervical migraines. These are frequently occurring and often chronic complaints. The unique "dry water massage" therapy concept is the optimal solution.

For prevention and therapy, our Wellssystem Medical Aqua Therapy Massage bed combines the gentle power of water with beneficial warmth to create a unique therapy concept with a diverse range of positive effects.

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|------------------------------------|-------|
| 1 Session of 15 minutes | \$15 |
| 1 Session of 30 minutes | \$30 |
| Series of (10) 15 minutes sessions | \$135 |

INFRARED SAUNA THERAPY

The benefits of this technology are many, including pain relief, weight control, detoxification, and healthier, more radiant skin. This treatment is an especially effective treatment for those suffering from conditions such as fibromyalgia, arthritis and diabetes.

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|------------------------------------|-------|
| 1 Session of 15 minutes | \$15 |
| 1 Session of 30 minutes | \$30 |
| Series of (10) 15 minutes sessions | \$135 |

AQUA / SAUNA PACKAGE

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|--------------------------------------|------|
| 30 minutes Aqua Therapy & 30 minutes | |
| Sauna Therapy | \$50 |

GUEST GUIDE

SPA RESERVATION/CANCELLATION POLICY

Please keep in mind that the treatment times are reserved especially for you. A credit card guarantee is required for bookings more than 2 hours & group bookings. No shows will be charged in full. There is a 50% charge for any changes or cancellations to appointments with less than 4 hours' notice. For groups of 4 or more, 48 hours is required.

**As a courtesy to our other guests, late arrivals will only receive the remaining available appointment time.*

ARRIVAL TIME

To relax and enjoy your treatment, we ask that you arrive 15 minutes prior to your treatment time. Treatment time includes consultation time.

COMFORT

Please communicate your wishes openly whether it's massage pressure, room temperature, or music level, we will make adjustments to suit you. When receiving body treatments, disrobe to the level of your comfort. Our therapists are trained to drape a sheet or towel over your body in a discrete manner so that you are always covered.

SILENCE IS GOLDEN

Please turn all devices to silent while in the spa. Walk and speak gently as not to disturb spa services in progress.

MISSION STATEMENT

"Our mission at Aveda is to care for the world we live in from the products we make to the ways in which we give back to society. At Aveda, we strive to set an example for environmental leadership and responsibility, not just in the world of beauty, but around the world."

- Horst Rechelbacher, Founder